



# Team Building Cooking Workshop 團隊烹飪工作坊



## What are team building workshop? 甚麼是團隊工作坊？

The main purpose of team building workshop is to help companies or organizations improve their staff's confidence, communication and problem-solving skill.

團隊工作坊主要是透過各種富趣味而具有學習性的團體活動，令任何公司或機構達致建立團隊精神和加強凝聚力。



## What can be gained from workshop? 從團隊工作坊中可以學會甚麼？





## Why cooking? 為什麼以烹飪為主題?

- 1) Anyone can do it and weather is never an issue  
不受時間、天氣及戶外環境等限制，體力要求也較低
- 2) Easier to build relationships in non-business environment  
認識隊員工作以外的另一面
- 3) Foster innovative thinking  
啟發創意思維
- 4) Encourage interaction  
拉近距離、增進感情
- 5) Nurture art of collective problem-solving  
有助團體工作更有效率
- 6) Sense of achievement  
為炮製美食而共同努力
- 7) Sharing of delicious gourmet moments  
難忘的美食分享時刻



## Towngas' Competitive Edge Towngas 別具優勢

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| <p><b>1</b> Industry experience<br/>經驗豐富</p> <p><b>3</b> Goal-oriented<br/>目標為本</p> <p><b>5</b> One-stop service<br/>一站式服務</p> <p><b>7</b> State-of-the-art facilities with breathtaking views<br/>環境優雅，設施完善</p> | <p><b>2</b> Flexibility<br/>安排靈活</p> <p><b>4</b> Fun &amp; interactive approach<br/>樂趣無窮，充滿互動性</p> <p><b>6</b> Reputation<br/>口碑良好</p> |
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## Workshop Details 工作坊細節



### Venue 場地

Flame at Towngas Avenue - Tsim Sha Tsui 尖沙咀

### Class Size 人數

At least 20 participants are required  
最少參加人數為20人

### Duration 時間

Half day or full day (depending on client's needs)  
半日或全日 (視乎客戶要求而定)

### Diagnostics 面議

Pre-workshop meeting to discuss goals and objectives, so as to customize best-fit program for each client  
舉行工作坊前將有專人與客戶商談，以了解客戶希望達到的目標及其他需要，從而設計最適合的活動

### Catering 餐飲

Sharing on site workshop cooking dishes or take away  
Delicious food also available at Flame at Towngas Avenue at special surcharge rate  
隊員於工作坊完結後可選擇即場品嚐或取回製成品  
倘若需享用名氣廊Flame的豐富膳食，將會以優惠價收取額外費用

### Charges 收費

Depending on total number of participants, selected recipes or other customized requirements  
Surcharge applicable to weekend and public holiday workshops  
視乎參加人數、烹飪材料及個別要求等不同因由而定  
倘若工作坊安排於周六、日或公眾假期舉行，將會收取額外費用



## Workshop Rundown

### 模擬程序

Duration: Approx. 3 hours  
整個工作坊約需3小時

15 mins 分鐘

Introduction 活動簡介



60 mins 分鐘

Warm-up Exercises  
熱身活動



15 mins 分鐘

Discussion-sharing 分享



60 mins 分鐘

Into the Kitchen  
烹飪活動



30 mins 分鐘

Debriefing and Wrap Up  
總結



More than just dining :  
更多美味體驗:



DIY Cooking  
Workshops  
自煮天地



Exclusive Cooking  
Classes  
自選烹飪班



Kids' Birthday  
Parties  
小朋友生日派對



Party Take  
Away Menu  
派對美食外賣

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